



दिल्ली विश्वविद्यालय खेल परिषद
Delhi University Sports Council
दिल्ली विश्वविद्यालय University of Delhi

Ref: DUSC/IC /2025-26/ 189

Dated: 10.11.2025

**Updated Delhi University Inter College Weight Lifting (Men & Women) Championship
2025-26**

Date of the Championship : 21st November 2025 & 22nd November, 2025
Venue of the Championship : Maitreyi College, University of Delhi
Schedule of Competition : (Friday) 21st November, 2025 (Women)
(Saturday) 22nd November, 2025 (Men)
Reporting Time of Competition : 09.00 am onwards

Weight Categories

Men : 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg,
+110kg.
Women : 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, 86kg,
+86kg

Important Instruction

1. Eligibility Performa duly signed by the Competent Authority.
2. Students must bring their College Identity Card failing which they will not be allowed to participate in the competition.
3. Team Coach/Manager must be present at the time of Weigh-in and competition.
4. Delhi University Weightlifting (M&W) team will be selected on the basis of performance during the competition by the Selection Committee.

Tournament/Selection Committee

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|---|----------|-----------------------------------|
| 1. Chairman, DUSC | | |
| 2. Director, DUSC | | |
| 3. Dr. Shipra Verma | Convenor | Maitreyi College (7042577899) |
| 4. Dr. Pradmod Kumar Sethi | | PGDAV (E) |
| 5. Dr. Shikha Sharma | | Ramanujan College |
| 6. Dr. Rekha Sharma | | Satyawati College |
| 7. Dr. Rajwant Singh | | Sri Guru Nanak Dev Khalsa College |
| 8. Dr. Kunal | | Satyawati College (E) |
| 9. Expert to be nominated by the Chairman, DUSC | | |

Dr. Anil Kumar Kalkal
Director, Physical Education & Sports

10/11/25